



UAE National Ranking Championship Round 1

20 - 21 January 2024

The Organizing Authority (OA) for the event will be the UAE Sailing & Rowing Federation (UAE SARF) in conjunction with Dubai Offshore Sailing Club (DOSC).

The venue will be DOSC.

SAILING INSTRUCTIONS

1. Rules

- 1.1 The regatta will be governed by the rules as defined in *The Racing Rules of Sailing*.
- 1.1 Policies and regulations of the UAE Sailing and Rowing Federation will apply.
- 1.3 Appendix T will apply.
- 1.2 If there is a conflict between languages the English text will take precedence
- 1.3 Current Class Rules of all eligible classes will apply when applicable.
- 1.4 Decisions of the National jury will be final as provided in RRS 70.5.

2 [NP] Additional Identification

World Sailing Advertising Regulations 20 will apply.

3 Notice to Competitors

3.1 Any Notice to Competitors will be posted on the Official Notice Board near the Race Office located in the Venue.

4 Changes to Sailing Instruction

4.1 Any changes to the sailing instructions will be posted at least 30 min before flag "L" is displayed. Except that any changes to the schedule of races will be posted by 18:00 on the day before changes it will take effect

5 Signals made Ashore

- 5.1 Signals made ashore will be displayed on the mast located near to the launch area.
- 5.2 Flag 'AP' with two sound signals (one signal when removed) means: Races not started are postponed. The Warning Signal for the first race to start will be made not less the 30minutes after 'AP' is removed.
- 5.3 Flag 'D' displayed with one sound signal means: "The warning signal will be made not less than 30 minutes after flag D is displayed". Boats shall not leave their berthing places until this flag is displayed.

6 Format of racing

6.1 For optimist, the regatta will consist of a single series.





6.2 Course Diagrams (See Appendix B)

7 Schedule of races

7.1 Schedule of events

Saturday 20 January 2024	
09:00 - 11:00	Registration
11:00 – 11:30	RCO & Jury meeting
12:00	Competitors briefing
14:00	1st Warning Signal
Sunday 21 January 2024	
11:30	Competitors briefing
13:30	1st Warning Signal
17:30	Prize giving and closing ceremony

- 7.2 There will be no more than 4 races on each day.
- 7.3 Races will be sailed back-to back.
- 7.4 The number of races scheduled for each class is 7.
- 7.5 After a long postponement or when more than one race a day is scheduled, to alert boats that a race or sequence of races will begin soon, an orange flag will be displayed with on sound signal for at least 5 minutes before a warning signal is displayed.
- 7.6 No warning signal will be made after 16:30 on the last day of the regatta.

8 Class flags

8.1 Class flags:

Class	Class flag
Optimist Class	Optimist Class Flag
ILCA 4 Class	Yellow ILCA 4 Flag
ILCA 6 Class	Green ILCA 6 Flag
ILCA 7 Class	White ILCA 7 Flag

9 Racing area

9.1 There are two possible racing area, Alpha and Bravo (see appendix A)

10 The Courses

10.1 Appendix A shows the courses, including the approximate angles between legs, the order in which the marks are to be passed, and the side on which each mark is to be left.

11 Marks

12.1

Marks	Shape & Color	
1	Yellow Robotic Mark	
2,3	Orange Robotic Mark	
1A	Orange Inflatable Triangle	
Start Pin	Orange Robotic Mark	
Optimist Finish Pin	Orange Cylinder with blue flag	
ILCA Finish Pin	Orange Cylinder with Blue Flag	





- 12.1 The starting line will be the mast or staff displaying an orange flag on the race committee signal boat and an orange cylinder mark.
- 12.2 The finish line shall be between the mast or staff displaying a blue flag on the race committee boat and the nominated finish pin listed in RRS 12.1 and Appendix B The Course.

13 (DPI)(NP) The start

14.1 Races will be started in accordance with RRS Rule 26.

14 (DPI)(NP) The start

14.1 Races will be started as follows:

Signal	Flag
3 Minutes	Class Flag Displayed
2 Minutes	Preparatory Signal Displayed (P, U or Black)
1 Minute	Preparatory Signal Removed (P, U or Black)
GO	Class Flag Removed

This changes RRS Rule 26

- 14.2 The starting line will be between a staff or mast displaying an orange flag on the race committee boat at the starboard end and the starting mark at the port end.
- 14.3 A line boat may be positioned near the port end of the Starting Line.
- 14.4 A boat starting later than four (4) minutes after her starting Signal will be scored DNS. This changes RRS A4 and A5.
- 14.5 Boats whose warning signal has not been made shall avoid the racing area.
- 14.6 RC boats may hold position by using engines; any effects shall not be grounds for granting redress. (This changes rule 62.1).

15 Change Of Course after the Start

15.1 The race committee may move a mark up to 25m without signal, this changes RRSS33.

16 The Finish

- 16.1 The Finishing Line for the Optimist Class will be between a staff displaying a Blue flag on a Race Committee Boat at the port end and the course side of the finishing mark at the starboard end.
- 16.2 The finishing line for all ILCA classes will be between a blue rib displaying a blue flag and mark number 4.

17 Penalty System

- 17.1 RRS appendix P will apply as changed by SI 17.2
- 17.2Rule P2.3 will not apply and rule P2.2 is changed so that it will apply to any protest after the first one.

17.3 Whistle system

17.3.1 In order to encourage boats to take penalties afloat, jury members may blow a whistle when they see what they believe to be a breach of a rule. If no boat takes a





penalty, the jury may lodge a protest.

18 Time limits

18.1

Class	Time Limit (1) For 1 st boat to finish as RRS 35.	Time limit (2) Latest time to finish	Target Finish Time
Optimist	60 mins	75Mins	40 mins
ILCA 4	60 mins	75Mins	40 mins
ILCA 6	60 mins	75Mins	40 mins
ILCA 7	60 mins	75Mins	40 mins

- 18.2 Boats failing to finish within 15 minutes after the first boat of their Class finished will be scored "Did Not Finish (DNF)" without hearing. This changes rules 35, A 4 and A.5.
- 18.3 Race time limit is 75 minutes.
- 18.4 A boat observed failing to sail the course by the race committee or jury shall be scored DNF without hearing.

19 Protests and Requests for Redress

- 19.1 To inform the Race Committee of the boat/s being protested, the boat intending to protest shall approach the Race Committee boat at the starboard end of the finishing line immediately after finishing and shall hail the protested boat's sail number/s while sailing along her starboard side.
- 19.2 Protest forms are available at the Race Office
- 19.3 For each Class, Protest Time limit is one hour after the last boat of that class has finished her last race of the day or the Race Committee signal no more racing today, whichever is later.
- 19.4 A notice, posted on the official notice board before the end of the protest time limit shall be deemed to comply with rule 61.1(b). By displaying such a notice, competitors shall be





- considered adequately informed of a protest by the Race committee, the technical committee or the jury.
- 19.5 The schedule of protest hearings will be posted approximately within 20 minutes after the expiry of the Protest Time Limit to inform the competitors where and when there is a hearing in which they are parties to or named as witnesses. Protest hearings will be held in the Jury Room in HCSC.
- 19.6 Decisions of the National Jury will be final as provided in RRS 70.5
- 19.7 RRS 66 (b) is changed from "30 minutes" to "20 minutes"
- 19.8 On the last scheduled day of racing a request for redress based on a jury decision shall be delivered no later than 20 minutes after the decision was posted. This changes rule 62.2.
- 19.11A list of boats that, under instruction 17 have acknowledged breaking Rule 42 or have been disqualified by the jury will be posted.

20. Scoring

- 20.1 The low point scoring system of Appendix A will apply.
- 20.2 Minimum one race must be completed to constitute a valid regatta.
- 20.3 When less than four races have been completed, a boat series score will be the total of her race scores. This change rule A2.
- 20.4 When four races or more have been completed, a boat series score will be the total of her race scores excluding her worst score.

21 (DP)(NP) Safety

- 21.1 An adequate personal buoyancy aid shall be worn at all times while afloat.
- 21.2 Competitors are required to Check-out before the 1st Race of each session and upon returning to shore shall accordingly Check-in after each session. A session begins 45 minutes before flag "G" is displayed and ends 45 minutes after displaying "A" above "H" on the water or with the protest time limit at the end of a sailing day.
- 21.3 (SP) Any competitor not Check-out and/or Check-in will be penalized with one point scoring penalty by the race committee without a hearing.
- 21.3.1 Failure to Check-Out will result in 1point penalty for the next race completed even if no race is completed on the day of the infringement.
- 21.3.2 Failure to Check-In will result in 1point penalty for the last race completed even if no race is completed on the day of the infringement.
- 21.3.3 Only one 1 point penalty for infringements of SI 21.3.1 and SI 21.3.2 will be applied to any one race.
- 21.3.4 A boat that retires from a race shall notify the race committee as soon as possible.

This changes RRS 63.1. This rule is a safety requirement, assisting with its compliance does not constitute outside assistance.





22 (NP) Replacement of Equipment

22.1Substitution of damaged or lost equipment will not be allowed unless approved by the Race Committee or technical committee. Requests for substitution shall be made to the Race Committee or technical committee at the first reasonable opportunity.

23 (NP) Equipment Checks and Measurement Checks

- 23.1Boats, Spars and Sails may be measured and stamped by the technical committee. Boats may be inspected at any time in compliance with Class Rules and Sailing Instructions.
- 23.2A boat may carry national letters and sail numbers in contradiction to their class rules only if approved by the race committee.

24 (DPI) Event advertising

24.1The OA reserves the right to refuse advertising which does not comply with the UAE law and or local morals and ethics.

25 Official Boats

25.1 Jury boats will display a 'Umpire' flag.

26 (DPI) Support Boats

- 26.1Team Leaders, coaches and other support personnel shall stay outside areas where other boats are racing from the time of the preparatory Signal for the Start until all boats have finished or the race Committee signals a postponement, General Recall or Abandonment. Areas where boats are racing is defined as follows: Not closer than 100 meters to any boats racing (except a boat in distress requiring assistance), mark or rhumbline of the course, inside the course trapezium or triangle or on the right-hand side of the upwind leg lay lines
- 26.2All support boat passengers shall wear adequate buoyancy and the drivers shall properly use the kill-cord at all times when the engine is running
- 26.3 All support boat shall register at the Race Office
- 26.4 Support boats shall display conspicuously the flag of the club represent.

27 (DPI)(NP) Trash Disposal

- 27.1 Please help us to keep our sailing waters clean.
- 27.2Trash may be placed aboard support or official boats Sailors seen polluting the sea may be protested by the Race Committee or Jury.

28 (DPI)(NP) Berthing

28.1 Boats shall be kept in their assigned places in the boat park or the beach.

29 (DPI)(NP) Radio Communications

29.1Boats shall neither make radio transmissions while racing no receive radio communication not available to all boats. This restriction also applies to mobile phones





30 Trophies

30.1 Trophies for the regatta will be given as follows according to the NOR:

Class	Trophies
Optimist Female Class	1 st , 2 nd , 3 rd
Optimist Overall	1 st , 2 nd , 3 rd
Optimist Junior	1 st , 2 nd , 3 rd
ILCA 4 Overall	1 st , 2 nd , 3 rd
ILCA 4 Female	1 st , 2 nd , 3 rd
ILCA 6 Female	1 st , 2 nd , 3 rd
ILCA 6 Overall	1 st , 2 nd , 3 rd
ILCA 7 Overall	1 st , 2 nd , 3 rd
ILCA 7 Master over 30	1 st , 2 nd , 3 rd
ILCA 7 Grand Master over 55	1 st , 2 nd , 3 rd

31 Disclaimer of Liability

- 31.1All competitors must be aware that the nature of marine sporting activities may include injury or death. Competitors participate in the regatta entirely at their own risk. See rule4, Decision to Race.
- 31.2UAE Sailing and Rowing Federation and any persons appointed as part of the Organizing Authority will not accept any liability for material damage or personal injury or death sustained in conjunction with or prior to, during, or after the regatta.
- 31.3 Competitors agree to take any and all responsibility for the nautical qualities of their yacht, the rigging, the crew's ability and the safety equipment.
- 31.4The Organizing Authority may provide overnight storage space to competitors. However the Organizing Authorities will not accept any liability for material damage or loss whilst stored on club premises.

32 Insurance

- 32.1It is the responsibility of the owner to ensure that the boat is insured with valid third party liability insurance with coverage taking into account the value of the boats.
- 32.2The original insurance certificate or a copy thereof must be available in case of an incident.
- 32.3No entry shall be complete without submission of a copy of the insurance certificate. No boat will be allowed to race without valid insurance.

33 Rights to use name and likeness

33.1By participating in this event, competitors automatically grant to the organizing authority and the event sponsors the right, in perpetuity, to make, use, and show, at their discretion, any photography, audio and video recordings, and other reproductions of them made at the venue or on the water from the time of their arrival at the venue, until their final departure, without compensation.

34 Contacts of the Organizing Authority

UAE Sailing & Rowing Federation
Mr. Zouhair Lebbat, Sailing Technical Manager

Mobile: 0524670967, E-mail: z.lebbt@sarf.ae

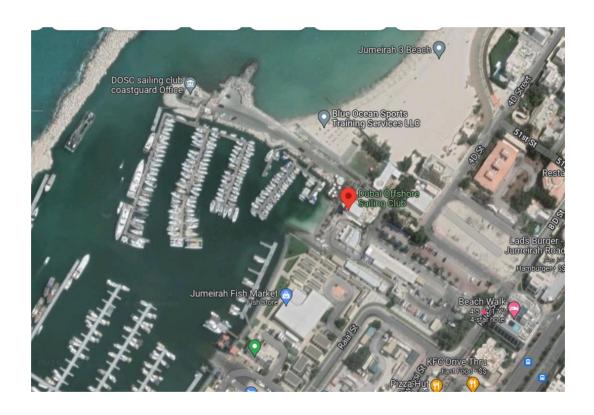




Appendix A – Location Maps

Venue

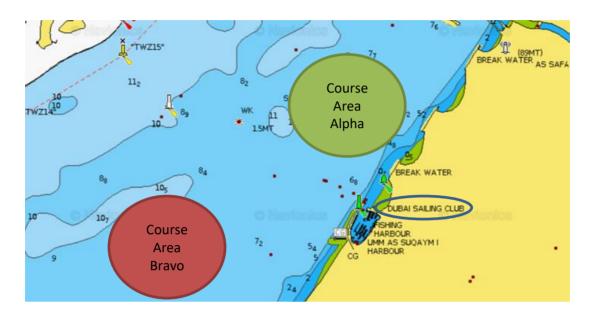
Dubai Offshore Sailing Club Jumeirah Beach Road - 1 - Umm Suqeim - Jumeirah 3 - Dubai







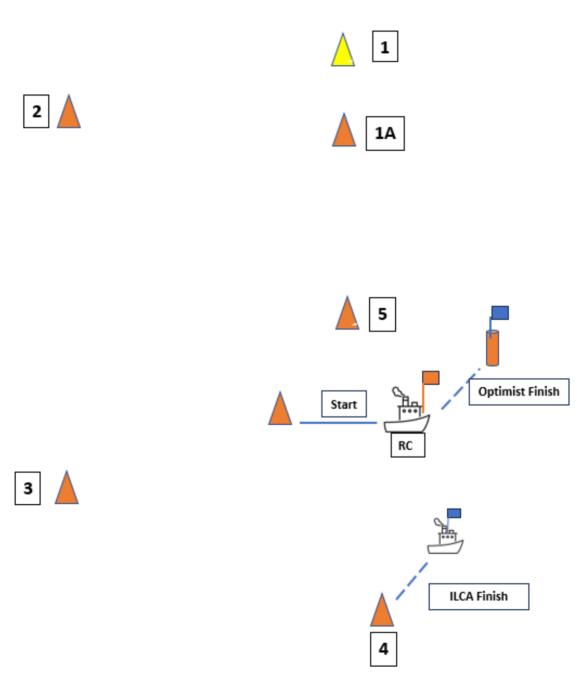
Sailing Areas







Appendix B - Course Diagrams



Fleet	Course	Rounding
Optimist	Start, 1A, 5, 1A, 5, Finish between RC &	
	Orange Cylinder	All Marks to
ILCA 4	Start, 1, 5, 1, 2, 3, Finish between 4 & Rib	All Marks to
ILCA 6	Start, 1, 2, 3, 2, 3, Finish between 4 & Rib	Port
ILCA 7	Start, 1, 2, 3, 2, 3, Finish between 4 & Rib	



