



Dinghy Commodores Cup

September 2022 – May 2023

SAILING INSTRUCTIONS

Version 2 – published 09/12/23

The Organizing Authority is the Dubai Offshore Sailing Club.

Version Control		
Version	Date Published	Remarks
1	22/09/2023	Version 1
2	09/12/2023	Amended 7.1

1. Rules

- 1.1. The event will be governed by the rules as defined in *The Racing Rules of Sailing, (RRS)*.
- 1.2. Add to RRS 28.1: 'If the Race Committee observes a boat failing to sail the correct course, then she may be disqualified without a hearing.' This also changes RRS A5.
- 1.3. Add to RRS 32.1: '(f) for any reason considered appropriate by the Race Committee.'
- 1.4. Competitors and support persons shall comply promptly with any reasonable request by a Race Official.
- 1.5. Competitors shall wear personal flotation devices that always comply with international standards while afloat, except briefly while changing or adjusting clothing or personal equipment. This changes RRS 40 and the preamble to RRS Part 4.
- 1.6. Boats shall notify their intention to race on the sign on available at Reception.

2. RRS Appendix T, Arbitration, will apply

- 2.1. For the Fast Handicap and Catamaran and the Weta classes, RRS 44.1 is changed so that the two-turn penalty is replaced by the one-turn penalty (one tack and one gybe).

3. Communications with Competitors

- 3.1. Notices to competitors will be posted on the official notice board(s) located in the Dubai Offshore Sailing Club
- 3.2. There will be a briefing for competitors as listed in the NOR.
- 3.3. A list of entries and their handicaps / TCFs may be published on the official notice board and on the Club website.



4. Changes to Sailing Instructions

- 4.1. Any change to the Sailing Instructions will be posted before 1100 or no later than 2 hours before the first scheduled race on the day it will take effect, except that any change to the schedule of races will be posted by 1800 on the day before it will take effect.

5. Signals made Ashore

- 5.1. Signals made ashore will be displayed from a flagstaff on the upper balcony of the Club.
- 5.2. When AP is displayed ashore, '1 minute' is replaced with 'not less than 60 minutes' in the race signal AP. This changes RRS Race Signals.
- 5.3. Flag D displayed with one sound signal means "The Warning Signal for the next race will be made not less than 30 minutes after Flag D is displayed. Boats shall not leave the slipway until this signal is made"

6. Schedule of Races

- 6.1. Races are scheduled as per the NOR.
- 6.2. Up to 4 races may be sailed per day. Extra races may be sailed to maintain the original total number of scheduled races in the series.
- 6.3. For the first starting sequence each day, the race officer will try to indicate the probable order at the briefing. For subsequent starting sequences the class order will be as signalled by the Race Committee.
- 6.4. The Classes may be combined for any start, but no Class will start earlier than as published.
- 6.5. When more than one race is scheduled in a day, second and subsequent races will be started as soon as practical.
- 6.6. After a long postponement, or to alert boats that a race or sequence of races will begin soon, an orange flag will be displayed with one sound, at least five minutes before a warning signal is displayed.
- 6.7. No warning signal will be made after 1630.

7. Classes, Class and Event Flags. Rating or Handicap Limits

- 7.1. Class or event flags will be:

Class	Handicap / Rating Limits	Flag
Optimist Cadet	One Design	Optimist Class Flag
Optimist		Optimist Class Flag
Laser 4.7 (ILCA 4)		Yellow Laser/ILCA Flag
Laser Radial (ILCA 6)		Green Laser/ILCA Flag
Laser Standard (ILCA 7)		White Laser/ILCA Flag
Rooster 8.1		Tango

Weta		Pennant 6
Slow Handicap	Portsmouth Yardstick 951 and above	Pennant 8
Fast Handicap	Portsmouth Yardstick 950 and below	Foxtrot

- 7.2. When a visual signal is displayed under a class flag, the signal applies to all boats in that class. This changes RRS Race Signals.
- 7.3. The Classes, handicap or rating limits may change the Notice of Race and may also be displayed on the official notice board as a change to this Sailing Instruction.
- 7.4. Should there be 3 or more entries for a particular type of boat within one of the above Classes, the Race Committee may include a separate Class for that type. Such decisions will be posted as a notice to competitors.
- 7.5. Should there be fewer than 3 entries for one of the above Classes, the Race Committee may exclude that Class and allocate entries to suitable alternative Classes.
- 7.6. The Race Committee may adjust the definition, the numbers, and/or the handicap limits of Classes. Such decisions will be posted as a notice to competitors.
- 7.7. Boats racing in Portsmouth Yardstick Fleet will be allocated Portsmouth Numbers as published on the RYA website: <http://www.rya.org.uk/racing/Pages/portsmouthyardstick.aspx> or, where no Number is published, will be allocated Trial Numbers by the Race Committee. The Race Committee may adjust Numbers during the event.
- 7.8. The Race Committee may at its sole discretion move boats between Classes.

8. Racing Areas

- 8.1. The locations of the racing areas shall be detailed at the briefing.

9. Courses

- 9.1. The courses shall be detailed at the briefing.

10. Marks

- 10.1. The marks will be detailed at the briefing

11. Areas that are Obstructions

- 11.1. Areas designated as obstructions shall be detailed at the briefing

12. The Start

- 12.1. Races will be started by using RRS 26 with the warning signal made 3 minutes before the starting signal and the preparatory signal one minute later.

Signal	Flag
3 minutes	Class Flag displayed

2 minutes	P or U Flag displayed
1 minute	P or U Flag removed
GO!	Class Flag removed

- 12.2. The starting line and its location will be detailed in the briefing.
- 12.3. A boat starting later than 4 minutes after her starting signal may be scored Did Not Start without a hearing. This changes RRS A4 and A5.
- 12.4. Boats whose warning signal has not been made shall, if possible, avoid the starting area during the starting sequence for other boats. Boats breaking this Sailing Instruction may be penalised by the Race Committee with a 20% scoring penalty without a hearing. This changes RRS A5.

13. Change of Course

- 13.1. Marks may be moved up to 10m without signal.

14. The Finish and Shortening the Course

- 14.1. The finishing line shall be detailed in the briefing.

15. Penalty System

- 15.1. Exoneration Penalty.

A boat that may have broken a rule of RRS Part 2, or RRS 31 or RRS 42, may, after finishing the race concerned and before the start of a related protest hearing, notify the Race Committee that she accepts an Post Race Penalty - a 30% scoring penalty (SCP) calculated as stated in RRS 44.3(c), (except that the minimum penalty is three and she shall not be scored worse than the number of boats that came to the starting area. However, if the boat caused injury or serious damage or, despite taking a penalty, gained a significant advantage in the race or series by her breach her penalty is to retire.

- 15.2. When a Post Race Penalty is accepted:

- (a) Neither the boat nor a Protest Committee may then revoke or remove the penalty.
- (b) The boat shall not be penalized further in a protest hearing when the Protest Committee decides that it was appropriate to the facts found and the applicable rules.

- 15.3 RRS Appendix P (On water Judging of RRS 42) will apply. or: RRS Appendix P will apply with the following changes. The penalty under RRS P2.2 is changed so that it will apply to any penalty after the first one. RRS P2.3 will not apply.

- 15.4 Penalties when injury or damage is caused, the penalty for a boat found to have broken a rule of RRS Part 2 in an incident that causes injury or damage shall be:

- (a) For the first incident in a series, disqualification, but this may, at the discretion of the protest committee, be not excludable for damage that is more than minor.

- (b) For the second incident in a series, disqualification that is not excludable.
- (c) For the third and subsequent incidents in a series, the protest committee shall act under RRS 69, Misconduct taking the facts of the incidents to be 'information from any source' as in RRS 69.2(c).
- (d) When the race is part of more than one series, the penalty shall apply to all those series.

For the purpose of this rule, minor damage is damage that does not significantly affect the value, general appearance or normal operation of the boat.

16. Time Limits and Target Times

16.1. The time limits and target times are as follows:

Class	Time Limit (1) For 1st boat to finish as RRS 35.	Time limit (2) Latest time to finish	Target Finish Time
<i>Optimist Cadet</i>	40mins	45mins	20mins
<i>Optimist Main</i>	40mins	45mins	30mins
<i>Laser 4.7</i>	40mins	45mins	30mins
<i>Laser Radial, Standard, 8.1s, Slow Handicap</i>	60mins	75mins	45mins
<i>Fast Handicap</i>	60mins	70mins	50mins

16.2. Boats that do not finish within time limit (2) will be scored DNF without a hearing.

16.3. Boats that do not finish within time limit (2) or (3) will be scored in accordance with Sailing Instruction 17.3

16.4. This Sailing Instruction 15 changes RRS 35, RRS A4 and RRS A5.

17. Protests and Requests for Redress

17.1. Protest forms are available at the Race Office. Protests and requests for redress or reopening shall be delivered there within the appropriate time limit.

17.2. For each Class, the protest time limit is 60 minutes after the last boat has finished the last race of the day.

- 17.3. Notices will be posted as soon as possible after the final protest time limit of the day to inform competitors of hearings in which they are parties or named as witnesses.
- 17.4. Notices of protests by the Race Committee or Protest Committee will be posted to inform boats under RRS 61.1(b).
- 17.5. A list of boats that have been penalized for breaking RRS 42 will be posted daily.
- 17.6. Penalties for breaches of rules, except RRS Part 1 and 2 are at the discretion of the Protest Committee.
- 17.7. RYA Rules Dispute Advisory and Mediation Hearings are available.
- 17.8. In RRS 66, delete: On the last scheduled day of racing a request for reopening a hearing shall be delivered within the protest time limit if the requesting party was informed of the decision on the previous day.
- 17.9. On the last scheduled day of racing a request for redress based on a Protest Committee decision shall be delivered no later than 30 minutes after the decision was posted. This changes RRS 62.2.
- 17.10. Unless notified otherwise, full protest hearings will be heard from 1500 on the Saturday following the day on which the race concerned took place, except for the last race of the series, when any protests will be heard on the same day.
- 17.11. A boat that has taken a penalty under RRS 44.1 shall complete an acknowledgement form at the Race Office within the Protest Time Limit.
- 17.12. Competitors are requested to advise the finishing boat if intending to lodge a protest or request redress.

18. Scoring

- 18.1. The number of races required to complete a series and the number of discards are specified in the Notice of Race.
- 18.2. RRS A9 Long Series Scoring shall apply.
- 18.3. RRS A5.3 shall apply.
- 18.4. A boat that is racing when her time limit expires or a boat that retires before her time limit expires and informs the Race Committee promptly, shall be scored points for the finishing place one more than the last boat to finish. This changes RRS A4.2 and RRS A9.
- 18.5. Boats shall only be entered in the series results after they have started a race.
- 18.6. A boat that is unable to race because a member of its crew is requested to join the Race Committee for that race may be scored average points for up to 2 such races in the series. The average points will be calculated as the average points score for all races sailed by the boat in that series. A boat sails in a race if she is ever subject to the rules of RRS Part 2 for that race.

19. Safety Regulations and Risk Statement

- 19.1. A boat that retires from a race shall notify the Race Committee as soon as possible.
- 19.2. The Race Committee may stop a boat launching, or require it to return ashore, if they consider the boat, its equipment, helm or crew are not adequate for the likely conditions.

19.3. All boats, whilst afloat, preparing to go afloat and on return to shore shall comply with instructions given by any DOSC official Committee Boat or patrol boat.

20. Replacement of Crew or Equipment

20.1. Substitution of competitors will not be allowed without prior written approval of the Race Committee.

20.2. Substitution of damaged or lost equipment will not be allowed unless authorized by the Race Committee. Requests for substitution shall be made to the Race Committee at the first reasonable opportunity.

21. Advertising

21.1. Boats are not required to display advertising supplied by the Organizing Authority.

22. Prizes

22.1. Prizes will be awarded at the discretion of the Race Committee.

22.2. Daily prizes will be presented in the Tentola at approx. 1730hrs

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