



## Dinghy Sunday Spring Series

January 2025 – April 2025

### SAILING INSTRUCTIONS

Version 1 – published 03/01/25

The Organizing Authority is the Dubai Offshore Sailing Club.

#### 1. Rules

- 1.1 The event will be governed by the rules as defined in *The Racing Rules of Sailing 2025-28 (RRS)*.
- 1.2 Add to RRS 32.1: '(f) for any reason considered appropriate by the Race Committee.'
- 1.3 Competitors and support persons shall comply promptly with any reasonable request by a Race Official.
- 1.4 RRS 40.1 Personal Flotation Devices, shall apply at all times while afloat.
- 1.5 Boats shall notify their intention to race on the register available at the Bar.
- 1.6 RRS Appendix T, Arbitration, will apply
- 1.7 For Red Fleet, RRS 44.1 is changed so that the two-turn penalty is replaced by the one-turn penalty (one tack and one gybe).

#### 2. Communications with Competitors

- 2.1 Notices to competitors will be posted on the official notice board(s) located in the Dubai Offshore Sailing Club
- 2.2 There will be a briefing for competitors as listed in the NOR.

#### 3. Changes to Sailing Instructions

- 3.1 Any change to the Sailing Instructions will be posted before 1100 or no later than 70 minutes before the first scheduled race on the day it will take effect, except that any change to the schedule of races will be posted by 1800 on the day before it will take effect.

#### **4. Signals made Ashore**

4.1 Signals made ashore will be displayed from a flagstaff in front of the Club.

4.2 When AP is displayed ashore, '1 minute' is replaced with 'not less than 30 minutes' in the race signal AP. This changes RRS Race Signals.

4.3 Flag D displayed with one sound signal means "The Warning Signal for the next race will be made not less than 30 minutes after Flag D is displayed. Boats shall not leave the slipway until this signal is made"

#### **5. Schedule of Races**

5.1 Races are scheduled as per the NOR.

5.2 Up to 4 races may be sailed per day. Extra races may be sailed to maintain the original total number of scheduled races in the series.

5.3 For the first starting sequence each day, the race officer will try to indicate the probable order at the briefing. For subsequent starting sequences the class order will be as signalled by the Race Committee.

5.4 The Classes may be combined for any start, but no Class will start earlier than as published.

5.5 When more than one race is scheduled in a day, second and subsequent races will be started as soon as practical.

5.6 After a long postponement, or to alert boats that a race or sequence of races will begin soon, an orange flag will be displayed with one sound, at least four minutes before a warning signal is displayed.

5.7 No warning signal will be made after 1630.

**6. Classes, Class and Event Flags. Rating or Handicap Limits**

6.1 Class or event flags will be:

<b>Class / Event</b>	<b>Handicap / Rating Limits</b>	<b>Flag</b>
Optimist	Optimist Class	Optimist
Green	PY of 951 and above	Flag
Gold	Laser Radial / Std / 8.1	Quebec Flag
Red	PY of 950 and below	Bravo Flag
Weta	Weta Fleet Class	Pennant 6

6.2 When a visual signal is displayed under an event flag, the signal applies to all boats in that event. This changes RRS Race Signals.

6.3 The Classes, handicap or rating limits may change the Notice of Race and may also be displayed on the official notice board as a change to this Sailing Instruction.

6.4 Should there be 5 or more entries for a particular type of boat within one of the above Classes, the Race Committee may include a separate Class for that type. Such decisions will be posted as a notice to competitors.

6.5 Should there be fewer than 3 entries for one of the above Classes, the Race Committee may exclude that Class and allocate entries to suitable alternative Classes.

6.6 The Race Committee may adjust the definition, the numbers, and/or the handicap limits of Classes. Such decisions will be posted as a notice to competitors.

6.7 Boats racing in Portsmouth Yardstick Fleet will be allocated Portsmouth Numbers as published on the RYA website: <http://www.rya.org.uk/racing/Pages/portsmouthyardstick.aspx> or, where no Number is published, will be allocated Trial Numbers by the Race Committee. The Race Committee may adjust Numbers during the event.

6.8 The Race Committee may at its sole discretion move boats between Classes.

**7. Racing Areas**

7.1 The locations of the racing areas will be detailed at the briefing.

**8. Courses**

8.1 The courses will be detailed at the briefing.

**9. Marks**

9.1 The marks will be detailed at the briefing.

**10. Areas that are Obstructions**

10.1 Areas designated as obstructions will be detailed at the briefing.

## 11. The Start

11.1 Races will be started by using RRS 26 with the warning signal made 3 minutes before the starting signal and the preparatory signal one minute later.

Signal	Flag
3 minutes	Class Flag displayed
2 minutes	P or U Flag displayed
1 minute	P or U Flag removed
GO!	Class Flag removed

11.2 The starting line and its location will be detailed at the briefing.

11.3 A boat starting later than 4 minutes after her starting signal may be scored Did Not Start without a hearing. This changes RRS A4 and A5.

11.4 Boats whose warning signal has not been made shall, if possible, avoid the starting area during the starting sequence for other boats. Boats breaking this Sailing Instruction may be penalized by the Race Committee with a 20% scoring penalty without a hearing. This changes RRS A5.

## 12. Change of Course

12.1 Marks may be moved up to 200m without signal.

## 13. The Finish and Shortening the Course

13.1 The finishing line will be detailed at the briefing.

## 14. Penalty System

14.1 Exoneration Penalty.

A boat that may have broken a rule of RRS Part 2, or RRS 31 or RRS 42, may, after finishing the race concerned and before the start of a related protest hearing, notify the Race Committee that she accepts an Post Race Penalty - a 30% scoring penalty (SCP) calculated as stated in RRS 44.3(c), (except that the minimum penalty is three and she shall not be scored worse than the number of boats that came to the starting area. However, if the boat caused injury or serious damage or, despite taking a penalty, gained a significant advantage in the race or series by her breach her penalty is to retire.

14.2 When a Post Race Penalty is accepted:

(a) Neither the boat nor a Protest Committee may then revoke or remove the penalty.

(b) The boat shall not be penalized further in a protest hearing when the Protest Committee decides that it was appropriate to the facts found and the applicable rules.

14.3 RRS Appendix P will apply with the following changes: Appendix P2.3 is deleted. P2.2 is changed to apply to the second and each subsequent penalty of a boat.

14.4 Penalties when injury or damage is caused, the penalty for a boat found to have broken a rule of RRS Part 2 in an incident that causes injury or damage shall be:

- (a) For the first incident in a series, disqualification, but this may, at the discretion of the protest committee, be not excludable for damage that is more than minor.
- (b) For the second incident in a series, disqualification that is not excludable.
- (c) For the third and subsequent incidents in a series, the protest committee shall act under RRS 69, Misconduct taking the facts of the incidents to be 'information from any source' as in RRS 69.2(c).
- (d) When the race is part of more than one series, the penalty shall apply to all those series.

For the purpose of this rule, minor damage is damage that does not significantly affect the value, general appearance or normal operation of the boat.

## 15. Time Limits and Target Times

15.1 The time limits and target times are as follows:

<b>Class / Date</b>	<b>Time Limit (1) For 1<sup>st</sup> boat to finish as RRS 35.</b>	<b>Time limit (2) Latest time to finish</b>	<b>Target Finish Time</b>
Optimist	45mins	55mins	30mins
Green, Gold, Red Fleets	60mins	70mins	40mins

15.2 Boats that do not finish within time limit (2) will be scored DNF without a hearing.

15.3 This Sailing Instruction 15 changes RRS 35, RRS A4 and RRS A5.

## 16. Protests and Requests for Redress

16.1 Protest forms are available at the Race Office. Protests and requests for redress or reopening shall be delivered there within the appropriate time limit.

16.2 For each Class, the protest time limit is 60 minutes after the last boat has finished the last race of the day. However, for protests alleging a breach of the IRPCAS based on a report from a source external to the Club, the protest time limit is 7 days after the alleged breach.

16.3 Notices will be posted as soon as possible after the final protest time limit of the day to inform competitors of hearings in which they are parties or named as witnesses.

16.4 Notices of protests by the Race Committee or Protest Committee will be posted to inform boats under RRS 61.1(b).

16.5 Breaches of Sailing Instructions 16.1 will not be grounds for a protest by a boat. This changes RRS 60.1(a).

16.6 Penalties for breaches of rules, except RRS Part 1 and 2 and other rules are at the discretion of the Protest Committee.

16.7 RYA Rules Dispute Advisory and Mediation Hearings are available.

16.8 In RRS 66, delete: On the last scheduled day of racing a request for reopening a hearing shall be delivered: no later than 30 minutes after the requesting party was informed of the decision on that day.

16.9 On the last scheduled day of racing a request for redress based on a Protest Committee decision shall be delivered no later than 30 minutes after the decision was posted. This changes RRS 62.2.

16.10 Unless notified otherwise, full protest hearings will be heard from 1800 on the Saturday on which the race concerned took place, except for the last race of the series, when any protests will be heard on the same day.

16.11 A boat that has taken a penalty under RRS 44.1 shall complete an acknowledgement form at the Race Office within the Protest Time Limit.

## **17. Scoring**

17.1 The number of races required to complete a series is specified in the Notice of Race.

17.2 1 Discard will be allocated for every 4 races sailed.

17.3 RRS A5.3 shall apply.

17.4 RRS A9 Long Series Scoring shall apply.

17.5 Boats shall only be entered in the series results after they have started a race.

17.6 A boat that is unable to race because a member of its crew is requested to join the Race Committee for that race may be scored average points for up to 2 such races in the series. The average points will be calculated as the average points score for all races sailed by the boat in that series. A boat sails in a race if she is ever subject to the rules of RRS Part 2 for that race.

## **18. Safety Regulations and Risk Statement**

18.1 A boat that retires from a race shall notify the Race Committee as soon as possible.

18.2 The Race Committee may stop a boat launching, or require it to return ashore, if they consider the boat, its equipment, helm or crew are not adequate for the likely conditions.

18.3 All boats, whilst afloat, preparing to go afloat and on return to shore shall comply with instructions given by slipway marshals and any DOSC official Committee Boat or patrol boat.

## **19. Replacement of Crew or Equipment**

19.1 Substitution of competitors will not be allowed without prior written approval of the Race Committee.

19.2 Substitution of damaged or lost equipment will not be allowed unless authorized by the Race Committee. Requests for substitution shall be made to the Race Committee at the first reasonable opportunity.

**20. Advertising**

20.1 Boats are not required to display advertising supplied by the Organizing Authority.

**21. Official Boats**

21.1 Official boats will be detailed at the briefing.

**22. Support Boats**

22.1 Support boats shall stay outside areas where boats are racing.

Support personnel shall stay outside areas where boats are racing from the time of the preparatory signal for the first Class to start until all boats have finished or retired or the Race Committee signals a postponement, general recall or abandonment.

**23. Prizes**

23.1 Prizes will be awarded for first to third in each class.

**24. FURTHER INFORMATION**