# East to West Race & Rally

# 24th May

# Sailing Instructions

Version 1 – published 22/05/25

The Organizing Authority is the Dubai Offshore Sailing Club.

| Version Control | | |
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**1. Rules**

1.1 The event will be governed by the rules as defined in the Racing Rules of Sailing (RRS).

**2. Communications with Competitors**

2.1 Notices to competitors will be posted on the official notice board on the event page of the club website.

2.2 Check the standing 'Notice to Competitors Briefing Time / Date / Location' for such details.

2.3 The following communications may be made by the Race Committee on VHF Channel 08:

- Time check(s)
- The race area and race schedule each day, any schedule changes
- Any change of starting order for multiple Class starts
- The approximate location of the Race Committee Boat
- The use of alternate preparatory signals

- The courses to be sailed and any changes or shortening
- The approximate bearings and distances to moveable/first marks
- The warning, preparatory and starting signals for all classes.
- Between the warning and preparatory signal, any starting penalty flag to be displayed.
- Sailing Instruction changes (confirmation of changes posted)
- Postponements and abandonments
- Individual and general recalls
- The intended time of the first start of a starting sequence
- The times of the first, second and last finishers

2.4 Competitors shall be notified prior to a race if signals to competitors will be solely by VHF and visual Signals may not be used.

## 3. Changes to Sailing Instructions

3.1 Any change to the Sailing Instructions will be posted no later than 2 hours before the start time of the race, except that any change to the schedule of races will be posted by 1700 on the day before it will take effect.

## 4. Signals made Ashore

4.1 Signals made ashore will be displayed from a flagstaff on the upper balcony of the Club.

4.2 When AP is displayed ashore, '1 minute' is replaced with 'not less than 60 minutes' in the race signal AP. This changes RRS Race Signals.

## 5. Schedule of Races

5.1 The scheduled first warning signal is 1455.

5.2 After a long postponement, multiple sound signals may be used to alert boats that a race or sequence of races will begin soon.

## 6. Classes, Class and Event Flags. Rating or Handicap Limits

6.1 Class or event flags will be:

- 5 min-DOSC Flag
- 4 min-Red Flag Up & DOSC Flag Down
- 1 min-Orange Flag Up & Red Flag Down
- G0 – Green flag Up & Orange Flag down

6.2 The Race Committee may adjust the definition, the numbers, and/or the handicap limits of Classes. Such decisions will be posted as a notice to competitors.

## 7. Racing Areas

7.1 The locations of the racing areas will be detailed at the competitors briefing.

## 8. Courses

8.1 The course for each race will be published 2 hours prior to the scheduled start time unless the Race Committee have valid reason to delay in which case a notice to competitors will be posted on the event page of the club website.

## 9. Marks

9.1 The marks will be detailed in a Notice to Competitors and/or with the Course information.

## 10. Areas that are Obstructions

10.1 Areas designated as obstructions will be detailed in a Notice to Competitors and/or with the Course information.

## 11. The Start

11.1 Races will be started by using RRS 26 with the warning signal made 5 minutes before the starting signal and the preparatory signal one minute later.

11.2 Visual Signals for the warning, preparatory and starting signals may not be displayed. This changes RRS 26. Times shall be taken from the sound signals which may be available on VHF.

11.3 The starting line and its location will be detailed in a Notice to Competitors with the course details for each race.

11.4 A boat starting later than 4 minutes after her starting signal may be scored Did Not Start without a hearing. This changes RRS A4 and A5.

11.5 In the event that no start boat is available, boats may be required to self-start based on GPS time. In this instance full details will be posted as a notice to competitors.

## 12. The Finish and Shortening the Course

12.1 The finishing line will be detailed in a Notice to Competitors and/or with the course information.

12.2 Alternatives for shortening the course will be detailed in a Notice to Competitors and/or with the course information.

## 13. Penalty System

13.1 The Race Committee may allocate a 2-hour time penalty if a boat is partially but not completely OCS at her starting signal and does not comply with RRS29.1.

13.2 Exoneration Penalty.

(a) A boat that may have broken a rule of RRS Part 2, or RRS 31 or RRS 42, may, after finishing the race concerned and before the start of a related protest hearing, notify the Race Committee that she accepts an Post Race Penalty - a 20% scoring penalty (SCP) calculated as stated in RRS 44.3(c), (except that the minimum penalty is three and she shall not be scored worse than the number of boats that came to the starting area. However, if the boat caused injury or serious damage or, despite taking a penalty, gained a significant advantage in the race or series by her breach her penalty is to retire.

13.3 When a Post-Race Penalty is accepted:

(a) Neither the boat nor a Protest Committee may then revoke or remove the penalty.

(b) The boat shall not be penalized further in a protest hearing when the Protest Committee decides that it was appropriate to the facts found and the applicable rules.

13.4 Penalties when injury or damage is caused, the penalty for a boat found to have broken a rule of RRS Part 2 in an incident that causes injury or damage shall be:

(a) For the first incident in a series, disqualification, but this may, at the discretion of the protest committee, be not excludable for damage that is more than minor.

(b) For the second incident in a series, disqualification that is not excludable.

(c) For the third and subsequent incidents in a series, the protest committee shall act under RRS 69, Misconduct taking the facts of the incidents to be 'information from any source' as in RRS 69.2(d).

(d) When the race is part of more than one series, the penalty shall apply to all those series.

13.5 For the purpose of this rule, minor damage is damage that does not significantly affect the value, general appearance, or normal operation of the boat.

## 14. Time Limits and Target Times

14.1 The time limit is 3hrs

14.2 Boats that do not finish within time limit (2) will be scored DNF without a hearing.

This changes RRS 35, RRS A4 and RRS A5.

## 15. Protests and Requests for Redress

15.1 Protest forms are available at the Race Office. Protests and requests for redress or reopening shall be delivered there within the appropriate time limit.

15.2 For each Class, the protest time limit is 24 hours after the last boat has finished the last race of the day. However, for protests alleging a breach of the IRPCAS based on a report from a source external to the Club, the protest time limit is 7 days after the alleged breach.

15.3 Notices will be posted as a Notice to Competitors as soon as possible after the final protest time limit of that race to inform competitors of hearings in which they are parties or named as witnesses.

15.4 Breaches of Sailing Instructions 1.2 1.3, 1.4, 1.5 will not be grounds for a protest by a boat. This changes RRS 61.1(a).

15.4 Penalties for breaches of rules, except RRS Part 1 and 2 and other rules are at the discretion of the Protest Committee.

15.5 A boat that has taken a penalty under RRS 44.1 shall complete an acknowledgement form at the Race Office within the Protest Time Limit.

15.6 Competitors are requested to advise the race committee by email (sailingadmin@doscuae.com) if intending to lodge a protest or request redress.

## 16. Scoring

16.1 RRS A9 shall apply.

16.2 A boat that is racing when her time limit expires or a boat that retires before her time limit expires and informs the Race Committee promptly by email (sailingadmin@doscuae.com) or telephone and provided her retirement is not caused by her breach of a rule, shall be scored points for the finishing place one more than the last boat to finish. This changes RRS A4.2 and RRS A9.

16.3 Boats shall only be entered in the series results after they have started a race.

## 17. Safety Regulations and Risk Statement

17.1 A boat that retires from a race shall notify the Race Committee as soon as possible. Boats may email sailingadmin@doscuae.com.

17.2 The Race Committee may stop a boat launching, or require it to return ashore, if they consider the boat, its equipment, helm or crew are not adequate for the likely conditions.

## 18. Replacement of Crew or Equipment

18.1 No authorization is required for the substitution of equipment, except as required by Class/handicap or rating rules.

18.2 To ensure the race committee have the correct crew list substitution of competitors will not be allowed without prior approval of the Race Committee.

## 19. Advertising

19.1 Boats are not required to display advertising supplied by the Organizing Authority.

## 20. Prizes

20.1 Prizes will be awarded at the discretion of the Organising Authority Committee.