

UAE Sailing Championships - Round 5

ABU DHABI OPEN REGATTA | 04 - 05 OCTOBER 2025

The Organizing Authority is the UAE Sailing & Rowing Federation in conjunction with the Abu Dhabi Marine Sports Club (ADMSC).

The venue will be the facilities of the ADMSC in Abu Dhabi

NOTICE OF RACE

1. Rules

- 1.1. This regatta is part of the UAE Sailing Championships as governed by the UAE Sailing and Rowing Federation.
- 1.2. The UAE Sailing Championships will be governed by:
 - The current Racing Rules of Sailing 2025/28 (RSS).
 - Current Class Rules of IODA and ILCA
 - This Notice of Race, which may be changed by an amendment.
 - The Sailing Instructions,
 - Any subsequent amendment or notice issued by the Race Committee or Jury with approval of the Organizing Authority.
- 1.3. The language of the series will be English. If there is a conflict between languages the English text will take precedence

2. Advertising

- 2.1. The OA may require participants to display event advertising as prescribed in the Sailing Instructions. Any such advertising will be provided by the OA and shall be displayed as described in the Sailing Instructions.

3. Entry

- 3.1. Eligible boats may enter by submitting the Entry Form to events@admsc.ae
- 3.2. For Optimist and ILCA4 classes, sailors shall attach proof of age (Date of Birth) with the Entry Form.
- 3.3. Entries will be displayed on the Official Notice Board from 11:30 on 04 October: this should be considered as confirmation of entry.
- 3.4. There is no entry fee.

4. Eligibility

- 4.1. The event is open to sailors registered with the UAE SARF in these classes:

	Class	Sub fleet	Age Limit
1	Optimist	Boys	Born in 2010 or after
(1a)		Girls	Born in 2010 or after
(1b)		U12	Born in 2014 or after
2	ILCA 4	Boys	Born in 2008 or after
(2a)		Girls	Born in 2008 or after
3	ILCA 6	Overall	Open
(3a)		Women	Open
4	ILCA 7	Men	Open
(4a)		Master	Aged 30 and above on the day
(4b)		Grand Master	Aged 45 and above on the day

5. Schedule

- 5.1. Schedule of events:

Date	Time	Description
Saturday 04 Oct	09:00 – 11:00	Registration
	11:00	Competitors Briefing
	12:00	Launch from ADMSC
	12:30	First Warning Signal
Sunday 05 Oct	09:00	Competitors Briefing
	10:00	Launch from ADMSC
	10:30	First Warning Signal
	16:00	No Further Warning Signals
	17:00	Awards Ceremony

- 5.2. The OA reserves the right to modify the above program according to weather conditions or other unforeseen circumstances.
- 5.3. A maximum of 4 races are scheduled for each day.
- 5.4. No Warning Signal will be made after 16:00 on Sunday 05 October

6. **Format**

- 6.1. The UAE Sailing Championships - Round 5 will consist of a series of races. Races are scheduled to be sailed back-to-back.

7. **Measurement**

- 7.1. Equipment may be scrutinized or measured at any time during the event by the OA for compliance with the class rules.
- 7.2. Sails may carry sail numbers in contravention of the class rules if approved by the OA.
- 7.3. No duplicate numbers will be accepted; a sailor shall change his sail number if requested by the OA.

8. **Sailing Instructions**

- 8.1. The Sailing Instructions for each round will be available on the day prior to the scheduled Round.

9. **Venue**

- 9.1. The venue will be at the facilities of ADMSC in Abu Dhabi. The Race Office will be in 'ADMSC Building C'.
- 9.2. The boat park and launching area will be located at the adjacent beach.
- 9.3. The sailing areas will be described in the Round Sailing Instructions.

10. **Courses**

- 10.1. The courses for all fleets will be Trapezoid and/or Windward-Leeward.
- 10.2. The courses will be described in the Sailing Instructions.

11. **Penalty System**

- 11.1. Appendix P, Special Procedures for RRS 42, will apply.
- 11.2. RRS P2.3 will not apply and RRS P2.2 is changed so that it will apply to any penalty after the first one.

12. **Jury and Protests**

- 12.1. UAE SARF will appoint a national jury.
- 12.2. The decisions of the jury will be final, the right of appeals is denied under RRS 70.5(b). RRS Appendix T (Arbitration) will apply.
- 12.3. Protest hearings may be scheduled after the prize giving to avoid delay of the awards ceremony, if a protest may affect a podium position, the OA may choose to award the prizes for that class after the ceremony has concluded.

13. **Scoring**

- 13.1. The low point system of RRS Appendix A shall apply.
- 13.2. Rankings in sub-fleets will be determined by a sailor's ranking in the overall Class.
- 13.3. At least 1 race is required to be completed to constitute the Round.
- 13.4. Discards
- (a) When 3 or less races have been completed, a boat's score will be the total of her race scores.
- (b) When 4 races have been completed, a boat's score is the total of her race scores excluding her worst score.

14. **Support Boats**

- 14.1. Support boats shall be registered with the organizing committee and comply with the local legislation.
- 14.2. Support boats shall clearly display the club or country insignia of the sailors they are supporting.

15. **Trophies and Prizes**

- 15.1. Trophies or medals for each round will be awarded for the top 3 finishers in each class and sub-fleet.
- 15.2. Prizemoney shall be awarded as follows.

	1st	2nd	3rd	4th	5th	6th	7th	8th	9th	10th
	AED	AED	AED	AED	AED	AED	AED	AED	AED	AED
Optimist	5000	4500	4000	3500	3000	2500	2000	1500	1250	1000
Optimist Junior	2000	1750	1500	1250	1000					
Optimist Girl	2000	1750	1500	1250	1000					
ILCA 4	5000	4500	4000	3500	3000	2500	2000	1500	1250	1000
ILCA 4 Girls	2000	1750	1500	1250	1000					
ILCA 6	5000	4500	4000	3500	3000	2500	2000	1500	1250	1000
ILCA 6 Women	2000	1750	1500	1250	1000					
ILCA 7	5000	4500	4000	3500	3000	2500	2000	1500	1250	1000
ILCA 7 Master	2000	1500	1000							
ILCA 7 Gr. Master	2000	1500	1000							

- 15.3. Additional prizes may be awarded at the discretion of the OA
- 15.4. Prize money will be deposited by bank transfer only. Prize winners shall provide their IBAN details for their account or a copy of the IBAN certificate if requested by the OA.

16. Disclaimer of Liability and Risk Statement

- 16.1. Competitors and support team participate in the regatta entirely at their own risk and they are reminded of the provisions of RRS 4, Decision to Race. Sailing is by its nature an unpredictable sport and therefore involves an element of risk. By taking part in the event, each competitor agrees and acknowledges that:
- 16.2. They are aware of the inherent element of risk involved in the sport and accept responsibility for the exposure of themselves, their crew and their boat to such inherent risk whilst taking part in the event;
- (a) They are responsible for the safety of themselves, their crew, their boat and their other property whether afloat or ashore;
- (b) They accept responsibility for any injury, damage or loss to the extent caused by their own actions or omissions;
- (c) By participating in any race, they are satisfied that their boat is in good order, equipped to sail in the event and they are fit to participate;
- (d) The provision of a race management team, patrol boats, umpires and other officials and volunteers by the organiser does not relieve them of their own responsibilities;
- 16.3. The provision of patrol boat cover is limited to such assistance, particularly in extreme weather conditions, as can be practically provided in the circumstances. The Organising Authority and all parties involved in the regatta organisation will not accept any liability for material damage or personal injury or death sustained in conjunction with or prior to, during, or after the regatta.
- 16.4. For all sailors under the age of 18, a parent or legal guardian shall sign the disclaimer on the sailor's entry form.

17. Media Rights, Cameras and Electronic Equipment

- 17.1. By participating in the regatta competitors automatically grant to the Organizing Authority and their sponsors, the right in perpetuity to make, use and show, from time to time at their discretion, any motion pictures and live, taped or filmed television and other reproductions of the athlete during and after I/We confirm to having read and understood the Notice of Race including the Media Rights, Cameras and Electronic Equipment (§18); the period of the competition without compensation.
- 17.2. Boats may be required to carry cameras, sound equipment or positioning equipment as specified by the Organizing Authority.
- 17.3. Selected competitors may be required to attend a press conference.

18. Insurance

- 18.1. All Sailors shall have valid third-party liability insurance.
- 18.2. The Organizing Authority is not responsible for verifying the status or validity of certificates. The original insurance certificate or a copy thereof must be made available in case of an incident.

19. Contacts

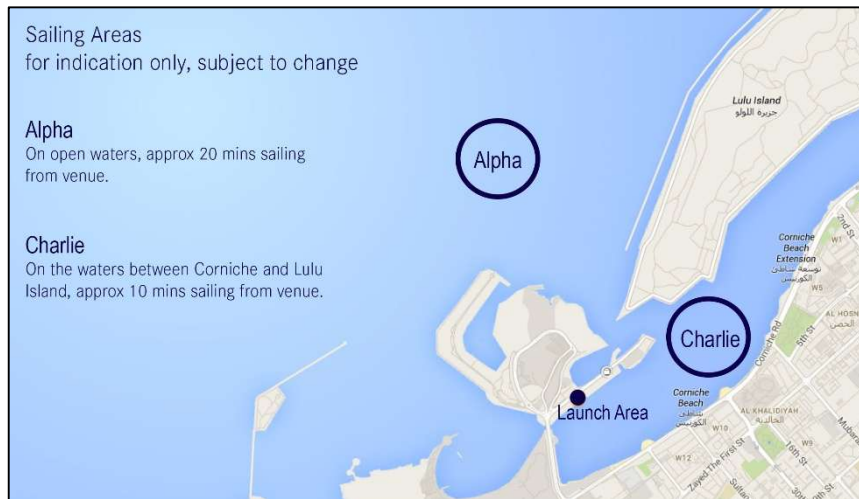
UAE Sailing & Rowing Federation

- Office: +971 2 6501119 / info@sarf.ae
- Mr Salah +971 50 5821229

Abu Dhabi Marine Sports Club

- Race Office Contact: +971 (0)26583333 / events@admsc.ae
- Manager: Reinier d'Arnaud 050 2445115 / reinier@admsc.ae

APPENDIX A – VENUE and SAILING AREAS



The Regatta Venue will be at the ADMSC venue located on Al'Alam Street in Abu Dhabi.

The race office for the event will be located in 'ADMSC – BUILDING C'

Access to the venue for storage of equipment, trailers, etc. prior to the event can be arranged by contacting the Event Manager:

Reinier d'Arnaud / 050 2445115

Google Maps:

<https://goo.gl/maps/JHM5YDof1LMJzK8G7>