

STRATEGY AND TACTICS-RACING PRINCIPLES

Table of contents:

- Pre-Start Routine
- Strategy VS Tactics
- Strategy when you don't have a strategy
- First beat breakdown
- Principals to race by



Pre Start Routine-Sailing up the course



- Rig setup – Boat speed check
- Sail on both sides of the course
- Develop a feel of the wind shifts and angle of waves
- Observe pressure and other boats angles

Pre Start Routine- Starting line

- Tide
- Ping start and Line bias
- Which is the longer tack
- Keep track of wind phase while doing all that
- Finalize your strategic plan





Before we set the sails lets clarify something.....

What is Strategy?
What is Tactics?

Winning requires both!!!

Strategy when not having a strategy

1. Line Bias-Good Start
2. Cover the big percentage of the fleet
3. Bows of boats are indicators-
Boats lifted/headed
4. What worked before?



First Beat breakdown:

Step 6: Cross clean

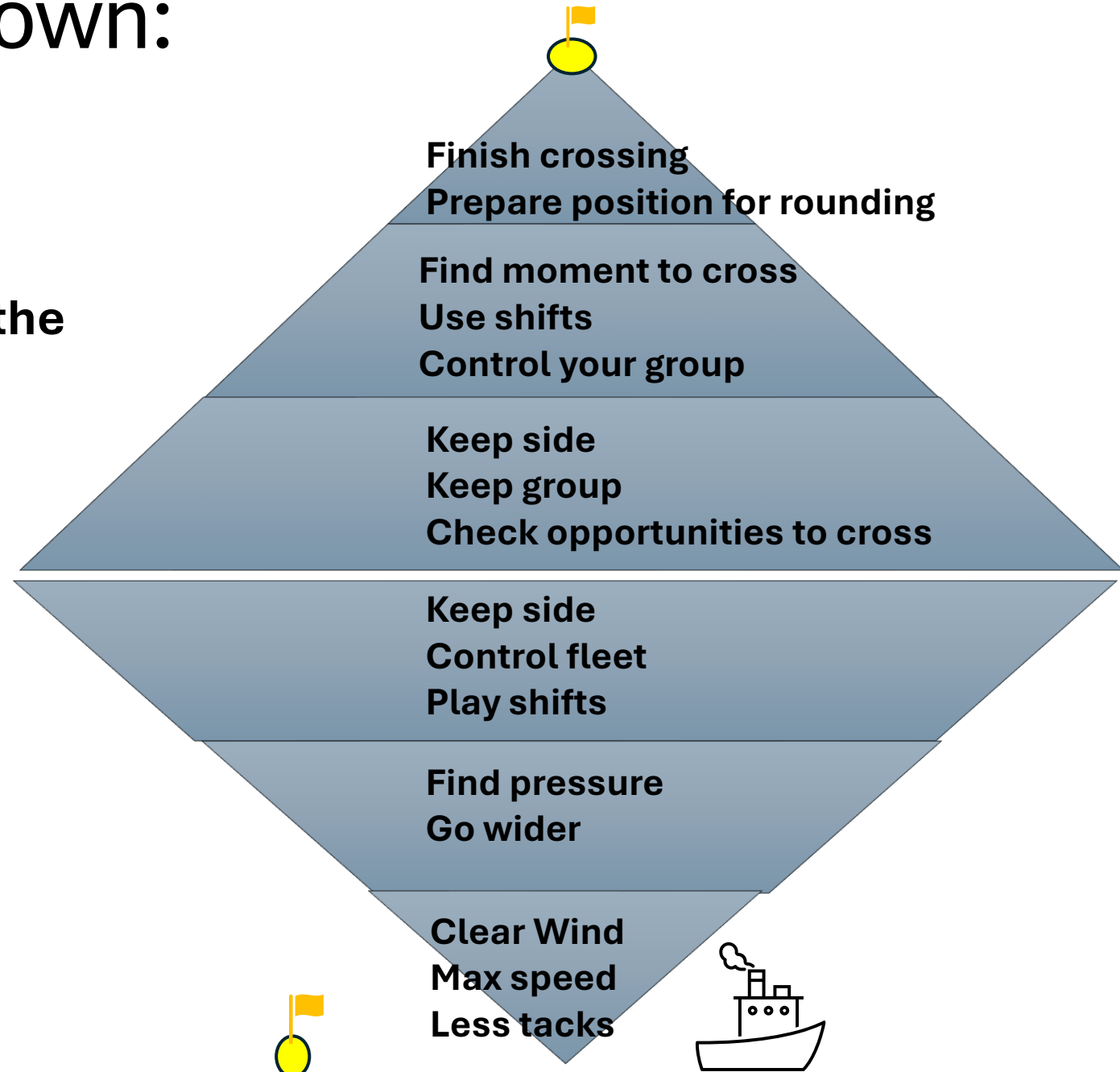
Step 5: Tack and head towards the top mark

Step 4: Keep your leadership

Step 3: Be leader of your group

Step 2: Decide side

Step 1: Sail at 100%





Principles to race by

- Clear wind is your first priority
- Tack-Cross- Lock when you can, tack under if you can't
- Don't Zig-Zag on the race course
- Position yourself between the fleet and the mark
- Lose a boat to win hundreds
- Minimize risk
- Have fun!