



DUBAI OFFSHORE  
SAILING CLUB

## Freshly Foods Dinghy Cup

18<sup>TH</sup> April 2026

### SAILING INSTRUCTIONS

Version 1 – Published – 17/04/2026

The Organizing Authority is Dubai Offshore Sailing Club

VERSION CONTROL			
VERSION	DATE PUBLISHED		REMARKS
1	17/04/26		Published

*[NP] denotes a rule that shall not be grounds for protests by a boat. This changes RRS 60.1.*

#### 1. RULES

- 1.1. The event will be governed by the rules as defined in the Racing Rules of Sailing 2025-28 (RRS).
- 1.2. RRS 32.1 is changed to add: (e) for any reason considered appropriate by the Race Committee.
- 1.3. RRS 40. 1 Personal Flotation devices, shall apply at all times while afloat.
- 1.4. RRS 27.3 and 32 are changed to include: "If a government instruction, directive, or official communication, including an Emergency Public Safety Alert, is issued that affects the safety or legality of starting or continuing a race, the race shall be considered abandoned immediately, without the need for a signal or further notice from the Race Committee."

#### 2. CHANGES TO SAILING INSTRUCTIONS

- 2.1. Any change to the Sailing Instructions will be posted no later than 80 minutes before the first scheduled race on the day.
- 2.2. *[[NP]* Changes to a sailing instruction may be made on the water by the Race Committee boat displaying flag L with one sound signal. The Race Committee and support boats will hail the change and repeat it as necessary until acknowledged by each boat. The change will be posted on the Official Notice Board ashore before the end of the day's racing.

#### 3. COMMUNICATIONS WITH COMPETITORS

- 3.1. Notices to competitors will be posted on the official notice board located on the event page of the Club Website.
- 3.2. The race office is located at the DOSC Sailing Admin Office, email-[sailingadmin@doscuae.com](mailto:sailingadmin@doscuae.com)

#### 4. CODE OF CONDUCT

- 4.1. Competitors and support persons shall comply promptly with any reasonable request by a Race Official.

#### 5. SIGNALS MADE ASHORE

- 5.1. Signals made ashore will be displayed at the Club Flagstaff.

- 5.2. When flag AP is displayed ashore, '1 minute' is replaced with 'not less than 45 minutes' in Race Signals AP.
- 5.3. [DP] Flag D with one sound means 'Boats shall not leave the slipway or beach until this signal is made. The warning signal will be made not less than 45 minutes after flag D is displayed.'

**6. SCHEDULE OF RACES**

- 6.1. Races are scheduled as per the Notice of Race.
- 6.2. To alert boats that a race or sequence of races will begin soon, the orange starting line flag will be displayed with one sound at least five minutes before the first warning signal of the day is made.
- 6.3. Classes may be combined for any start, but no Class will start earlier than as published.
- 6.4. For the first starting sequence, the race officer will try to indicate the probable order at the briefing. For subsequent starting sequences the class order will be as signalled by the Race Committee.
- 6.5. No warning signal will be made after 1630.

**7. CLASS FLAGS**

- 7.1. Class flags will be:

CLASS	HANDICAP/RATING LIMITS	FLAG
Optimist (Cadet, Overall)	Optimist Class	Optimist Class Flag
Green	Slow Handicap (PY of 951 & above)	ILCA 6 (Green Flag)
Gold	ILCA 6, ILCA 7, Rooster 8.1	Quebec
Red	Fast Handicap (PY of 950 & below)	Bravo
Weta	Weta Class	Pennant 6

- 7.2. The Race Committee may at its sole discretion move boats between Classes.
- 7.3. The Race Committee may adjust the definition, class divisions, the numbers, and/or the handicap limits of Classes. Such decisions will be posted as a notice to competitors.
- 7.4. When a visual signal is displayed with an event or class flag, the signal applies to all boats in that event. This changes RRS Race Signals.

**8. RACING AREA**

- 8.1. The location of the racing areas shall be detailed at the briefing

**9. COURSES**

- 9.1. The courses shall be detailed at the briefing.

**10. MARKS**

- 10.1. The marks will be detailed at the briefing.

**11. OBSTRUCTIONS**

- 11.1. The Navigational Exclusion Zone located offshore the Umm Sequim coastal area is designated as an obstruction.

**12. THE START**

- 12.1. The starting line shall be detailed at the briefing.

12.2. Boats whose warning signal has not been made shall avoid the starting area during the starting sequence for other races. A boat breaking this SI may be penalised by the race committee with a 20% scoring penalty without a hearing. This changes RRS A5.1 and A5.2.

12.3. A boat starting later than 4 minutes after her starting signal shall be scored Did Not Start (DNS) without a hearing. This changes RRS A5.1.

### 13. CHANGE OF THE NEXT LEG OF THE COURSE

Does not apply.

### 14. THE FINISH

14.1. The finishing line shall be detailed at the briefing.

### 15. PENALTY SYSTEM

15.1. RRS 44.3 will apply. The penalty shall be 25% of the number of boats entered on the day of racing, calculated as stated in RRS 44.3(c).

15.2. For the Weta & Red Handicap classes, RRS 44.1 is changed so that the Two-Turns Penalty is replaced by the One-Turn Penalty.

### 16. [NP] TIME LIMITS

16.1. The time limits and target times are as follows:

Class	Time Limit (1) For the 1 <sup>st</sup> boat to finish as RRS 35.	Time limit (2) Latest time to finish	Target Finish Time
Optimist	45 mins	55 mins	30 mins
Green, Gold, Red & Weta	60 mins	70 mins	40 mins

16.2. Boats that do not finish within time limit (2) will be scored DNF without a hearing. This changes RRS 35, A5.1, and A5.2.

### 17. HEARING REQUESTS

17.1. For each Class, the protest time limit is 60 minutes after the last boat has finished the last race of the day.

17.2. Hearing request forms are available from the race office at the sailing admin office.

17.3. A boat intending to protest shall inform the race committee at the finishing line as soon as reasonably possible.

17.4. The right of appeal from a protest committee decision is denied as provided in RRS 70.3(c).

17.5. Notices will be posted no later than 30 minutes after the protest time limit to inform competitors of hearings in which they are parties or named as witnesses. Hearings will be held in the protest room, located and beginning at the time mentioned in the notice.

### 18. SCORING

18.1. RRS A5.3 applies.

18.2. RRS A5.3 does not apply for boats that are disqualified

18.3. A boat that is racing when her time limit expires or a boat that retires before her time limit expires and informs the Race Committee promptly, shall be scored points for the finishing place one more than the last boat to finish. This changes A5.3.

## **19. SAFETY REGULATIONS**

19.1. [DP] A boat that retires from a race shall notify the race committee at the first reasonable opportunity.

## **20. [DP] REPLACEMENT OF CREW OR EQUIPMENT**

20.1. Substitution of competitors is not allowed without prior written approval of the Race Committee.

20.2. Substitution of damaged or lost equipment is not allowed unless authorized in writing by the Race Committee. Requests for substitution shall be made to the committee at the first reasonable opportunity, which may be after the race.

## **21. SUPPLIED BOATS**

Does not apply.

## **22. OFFICAL VESSLES**

Does not apply.

## **23. SUPPORT TEAMS**

Does not apply.

## **24. TRASH**

24.1. Trash may be placed aboard official DOSC support vessels.

## **25. BERTHING**

Does not apply.

## **26. DIVING EQUIPMENT AND PLASTIC TOOLS**

Does not apply.

## **27. PRIZES**

27.1. Prizes will be awarded at the discretion of the Race Committee.

27.2. Daily prizes will be presented in the Tentola at approx. 1730hrs

## **28. RISK STATEMENT**

Does not apply.

## **29. INSURANCE**

Does not apply.