

Freshly Foods SB20 End of Season Regatta

25-26 April 2026

SAILING INSTRUCTIONS

Version 1 – Published – 24/04/2026

The Organizing Authority is Dubai Offshore Sailing Club

VERSION CONTROL			
VERSION	DATE PUBLISHED		REMARKS
1	24/04/26		Published

[NP] denotes a rule that shall not be grounds for protests by a boat. This changes RRS 60.1.

[SP] denotes a rule for which a standard penalty may be applied by the Race Committee or Technical Committee without a hearing.

1. RULES

- 1.1. The event will be governed by the rules as defined in the Racing Rules of Sailing 2025-28 (RRS).
- 1.2. RRS 32.1 is changed to add: (e) for any reason considered appropriate by the Race Committee.
- 1.3. [SP] Competitors must sign on 90 minutes ahead of the first warning signal and sign off within the protest time limit on the Club House sign in/off sheet. Sign off by email to sailingadmin@doscuae.com is permitted.
- 1.4. RRS 27.3 and 32 are changed to include: "If a government instruction, directive, or official communication, including an Emergency Public Safety Alert, is issued that affects the safety or legality of starting or continuing a race, the race shall be considered abandoned immediately, without the need for a signal or further notice from the Race Committee."

2. CHANGES TO SAILING INSTRUCTIONS

- 2.1. Any change to the Sailing Instructions will be posted no later than 80 minutes before the first scheduled race on the day it will take effect, except that any change to the schedule of races will be posted by 2000 on the day before it will take effect.
- 2.2. [NP] Changes to a sailing instruction may be made on the water by the Race Committee boat displaying flag L with one sound signal. The Race Committee will broadcast the change on the VHF channel specified at the briefing. The change will be posted on the Official Notice Board ashore before the end of the day's racing.

3. COMMUNICATIONS WITH COMPETITORS

- 3.1. Notices to competitors will be posted on the official notice board located on the event page of the Club Website.

- 3.2. [NP] On the water, the Race Committee may broadcast information available to all competitors on the VHF radio channel specified at the briefing, including starting and safety information.
- 3.3. [NP] [DP] Boats shall not transmit on the VHF radio channel specified at the briefing, except in an emergency or when retiring from a race.
- 3.4. [DP] From the first warning signal until the end of the last race of the day, except in an emergency or when retiring from a race, or when using equipment provided by the Race Committee or Organising Authority (OA), a boat shall not make voice, radio or data transmissions and shall not receive voice, radio or data communication that is not available to all boats.
- 3.5. The race office is located at the DOSC Sailing Admin Office, email-sailingadmin@doscuae.com

4. CODE OF CONDUCT

- 4.1. [DP] Competitors and support persons shall comply promptly with any reasonable request by a Race Official.

5. SIGNALS MADE ASHORE

- 5.1. Signals made ashore will be displayed at the Club Flagstaff.
- 5.2. When flag AP is displayed ashore, '1 minute' is replaced with 'not less than 45 minutes' in Race Signals AP.

6. SCHEDULE OF RACES

- 6.1. Races are scheduled as per the Notice of Race.
- 6.2. To alert boats that a race or sequence of races will begin soon, the orange starting line flag will be displayed with one sound at least five minutes before the first warning signal of the day is made.
- 6.3. After a delay between signals multiple sound signals may be used to alert boats that a start sequence or other signal is imminent.
- 6.4. No warning signal will be made after 1700.

7. CLASS FLAGS

- 7.1. Class flag will be the SB20 class logo on the white background.

8. RACING AREA

- 8.1. The location of the racing areas shall be detailed at the briefing.

9. COURSES

- 9.1. The diagram in SI Addendum A shows the courses, the course designations, the approximate angles between the legs, the order in which the marks are to be passed, and the side on which each mark is to be left.
- 9.2. The start and finish lines are not obstructions when sailing in any direction.
- 9.3. Add to RRS 34: (c) When one gate mark is missing, the remaining mark shall be left to port.

10. MARKS

- 10.1. The marks are described in SI Addendum A.

11. OBSTRUCTIONS

- 11.1. The Navigational Exclusion Zone located offshore the Umm Sequim coastal area is designated as an obstruction.

12. THE START

- 12.1. Races will be started by using RRS 26 with the warning signal made 5 minutes before the starting signal and the preparatory signal one minute later.

SIGNAL	FLAG
5 minutes	Class Flag displayed
4 minutes	P, U or BLACK flag displayed
1 minute	P, U or BLACK flag removed
GO!	Class Flag removed

- 12.2. The starting line and its location are described in Addendum A.
- 12.3. [NP] Boats subject to individual recall under RRS 29.1 or boats breaking RRS 30.3 (U Flag Rule) or RRS 30.4 (Black Flag Rule) will be broadcast on the VHF Channel using sail numbers as a courtesy 4 minutes after the first warning signal.
- 12.4. [NP] In the event of a General Recall or abandonment after the start during a RRS 30.4 (Black Flag Rule) start, the RC will broadcast on the VHF Channel and shall display the sail number of any boat violating RRS 30.4 before the next warning signal. This changes RRS 30.4.
- 12.5. A boat that does not start within four (4) minutes after her starting signal will be scored Did Not Start (DNS) without a hearing. This changes RRS A5.1.

13. CHANGE OF THE NEXT LEG OF THE COURSE

- 13.1. The position of any mark(s) may be adjusted by up to plus or minus 10 degrees relative to previous location and up to approximately 200 metres to windward or leeward without signalling a change of course. If mark 1 is moved under this rule marks 1S (if set) and 1a will be laid. This changes RRS 33.
- 13.2. To change the next leg of the course, the Race Committee will (a) lay a new mark, (b) move the finishing line, or (c) move the leeward gate. When a new mark is laid, the original mark will be removed as soon as possible.
- 13.3. If a change of course is signalled and mark 1 is moved, mark 1S may not be laid.
- 13.4. Except at a gate, boats shall pass between the Race Committee vessel signalling the change of the next leg and the nearby mark, leaving the mark to the port and the Race Committee vessel to starboard. This changes RRS 28.

14. THE FINISH

- 14.1. The finishing line is described in Addendum A.

15. PENALTY SYSTEM

- 15.1. Exoneration Penalty. A boat that may have broken a rule of RRS Part 2, or RRS 31 or RRS 42, may, after finishing the race concerned and before the start of a related protest hearing, notify the Race Committee that she accepts a Post Race Penalty - a 25% scoring penalty (SCP) calculated as stated in RRS 44.3(c) (except that the minimum penalty is four and she shall not be scored worse than the disqualification score). However, if the boat caused injury

or serious damage or, despite taking a penalty, gained a significant advantage in the race or series by her breach her penalty is to retire.

15.2. RRS 44.1 is changed so that the Two-Turns Penalty is replaced by the One-Turn Penalty

16. [NP] TIME LIMITS

16.1. The time limits and target times for are as follows:

Race Format	Time Limit (1) For the 1 st boat to finish as RRS 35.	Finish Window	Target Finish Time
SB20	60min	10min	40min

16.2. Boats that do not finish within the finish window will be scored DNF without a hearing. This changes RRS 35, A5.1, and A5.2.

17. HEARING REQUESTS

- 17.1. For each Class, the protest time limit is 60 minutes after the last boat has finished the last race of the day.
- 17.2. Hearing request forms are available from the race office at the sailing admin office.
- 17.3. A boat intending to protest shall inform the race committee at the finishing line as soon as reasonably possible.
- 17.4. The right of appeal from a protest committee decision is denied as provided in RRS 70.3(c).
- 17.5. Notices will be posted no later than 30 minutes after the protest time limit to inform competitors of hearings in which they are parties or named as witnesses. Hearings will be held in the protest room, located and beginning at the time mentioned in the notice.

18. SCORING

- 18.1. RRS A5.3 applies.
- 18.2. RRS A5.3 does not apply for boats that are disqualified.
- 18.3. A boat displaying sail numbers different than approved by her respective SB20 district association (country letters and sail numbers) without prior written Race Committee permission may be scored DNC without a hearing. This changes RRS A5.1.
- 18.4. A boat not having a valid local SB20 Class Association Membership may be scored DNC without a hearing. This changes RRS A5.1.

19. SAFETY REGULATIONS

19.1. [DP] A boat that retires from a race shall notify the race committee at the first reasonable opportunity.

20. [DP] REPLACEMENT OF CREW OR EQUIPMENT

- 20.1. Substitution of damaged or lost equipment is not allowed unless authorized in writing by the Race Committee. Requests for substitution shall be made to the committee at the first reasonable opportunity, which may be after the race.

21. SUPPLIED BOATS

Does not apply.

22. OFFICAL VESSLES

Does not apply.

23. SUPPORT TEAMS

- 23.1. Team leaders, coaches and other support persons shall stay outside areas where boats are racing from the time of the preparatory signal for the first start of all classes until all boats have finished or retired or the race committee signals a postponement, general recall, or abandonment.

24. TRASH

- 24.1. Trash may be placed aboard official DOSC support vessels.

25. BERTHING

Does not apply.

26. DIVING EQUIPMENT AND PLASTIC TOOLS

Does not apply.

27. PRIZES

- 27.1. The following prizes will be presented:

- a) Top three boats in the overall results.
- b) 1st DOSC Club Team, or top three DOSC Club Teams if four or more eligible teams are registered.
- c) 1st DOSC Rookie Team, or top three DOSC Rookie Teams if four or more eligible teams are registered.
- d) 1st Youth Team, or top three Youth Teams if four or more eligible teams are registered.

- 27.2. A DOSC Club Team shall comprise a crew with a minimum of 60% DOSC members, all holding a valid World Sailing Group 1 categorization as of the last day of the series.

- 27.3. A DOSC Rookie Team shall meet all DOSC Club Team criteria and shall either not have achieved a top 10 result in the DOSC Commodores Cup 2024–25 series or shall have commenced racing only in the 2025–26 series.

- 27.4. A Youth Team shall be composed entirely of individuals under the age of 26 on the last day of the series. A supervising adult may be approved at the discretion of the Organizing Authority, provided that the individual does not helm the boat and holds a current World Sailing Group 1 categorization.

- 27.5. Eligibility for prize categories shall be determined based on self-declaration on the event sign-on sheet on the day of the event. The OA and the SB20 UAE Association reserve the right to review and amend team categorizations at their discretion.

- 27.6. Additional prizes may be awarded at the discretion of the OA.

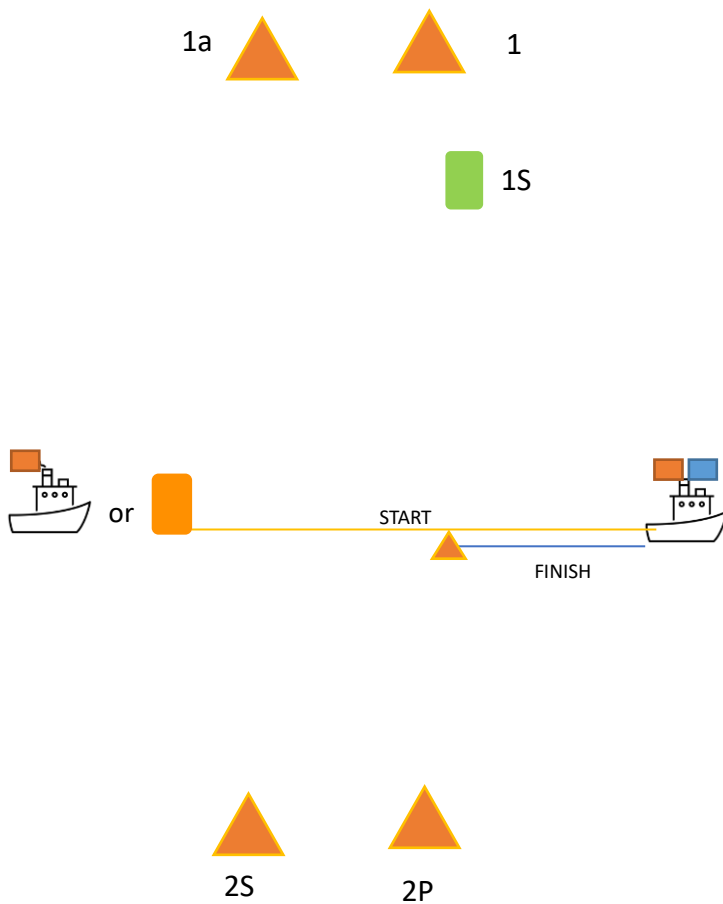
28. RISK STATEMENT

28.1. Refer to the Notice of Race for the Risk Statement.

29. INSURANCE

29.1. Refer to the Notice of Race for insurance requirements.

Addendum A – The Course



MARK	ROUNDING
Start	
1S	Port
1	Port
1a	Port
2S / 2P	Gate
1S	Port
1	Port
1a	Port
2S / 2P	Gate
Finish	

Descriptions

Marks shall be where possible conical autonomous marks, inflatable cylinders, or tetrahedral marks. Colours of the marks on a particular race day may be changed and announced during the race briefing.

The **Start Line** will be between the mast of two committee vessels displaying orange flags or between a committee vessel and dedicated mark.

The **Finish Line** will be between a committee vessel displaying a blue flag and a dedicated mark laid on the port side of the committee boat.

The Start Line and Finish Line **are not an obstruction**.

The course can be shortened according to RRS 32.2 using an S flag.

