East to West Race & Rally

23th of May

SAILING INSTRUCTIONS

Version 1 – Published – 22/05/2026

The Organizing Authority is Dubai Offshore Sailing Club

VERSION CONTROL		
VERSION	**DATE PUBLISHED**	**REMARKS**
1	22/05/26	Published

[NP] denotes a rule that shall not be grounds for protests by a boat. This changes RRS 60.1.

1. RULES

1.1. The event will be governed by the rules as defined in the Racing Rules of Sailing 2025-28 (RRS).

1.2. RRS 32.1 is changed to add: (e) for any reason considered appropriate by the Race Committee.

1.3. RRS 27.3 and 32 are changed to include: "If a government instruction, directive, or official communication, including an Emergency Public Safety Alert, is issued that affects the safety or legality of starting or continuing a race, the race shall be considered abandoned immediately, without the need for a signal or further notice from the Race Committee."

2. CHANGES TO SAILING INSTRUCTIONS

2.1. Any change to the Sailing Instructions will be posted no later than 80 minutes before the first scheduled race on the day it will take effect, except that any change to the schedule of races will be posted by 2000 on the day before it will take effect.

2.2. [NP] Changes to a sailing instruction may be made on the water by the Race Committee boat displaying flag L with one sound signal. The Race Committee will broadcast the change on the VHF channel specified at the briefing. The change will be posted on the Official Notice Board ashore before the end of the day's racing.

3. COMMUNICATIONS WITH COMPETITORS

3.1. Notices to competitors will be posted on the official notice board located on the event page of the Club Website.

3.2. The Race Committee will make communications with competitors on water on the VHF channel 08.

3.3. The race office is located at the DOSC Sailing Admin Office, email-sailingadmin@doscuae.com

4. CODE OF CONDUCT

4.1. Competitors and support persons shall comply promptly with any reasonable request by a Race Official.

5. SIGNALS MADE ASHORE

5.1. Signals made ashore will be displayed at the Club Flagstaff.

5.2. When flag AP is displayed ashore, '1 minute' is replaced with 'not less than 45 minutes' in Race Signals AP.

6. SCHEDULE OF RACES

6.1. Races are scheduled as per the Notice of Race.

6.2. To alert boats that a race or sequence of races will begin soon, the orange starting line flag will be displayed with one sound at least five minutes before the first warning signal of the day is made.

6.3. Classes may be combined for any start, but no Class will start earlier than as published.

6.4. No warning signal will be made after 1730.

7. CLASS FLAGS

7.1. Class flags will be:

CLASS	HANDICAP/RATING LIMITS	FLAG
Monohull	NHC	Oscar
Multihull	DMH	

7.2. Boats racing under the DOSC Multi Adjusted Handicap (DMH) system will be allocated a Base Number by the Race Committee. An adjustment in handicap number is not grounds for redress, this changes RRS 61.4 (b).

7.3. The Race Committee may at its sole discretion move boats between classes.

7.4. The Race Committee may adjust the definition, the numbers, and/or the handicap limits of Classes.

7.5. Competitors are not required to display class flags.

8. RACING AREA

8.1. The location of the racing areas shall be within Dubai waters.

9. COURSES

9.1. The course and mark information is described in SI Addendum A.

9.2. The start and finish lines are not obstructions when sailing in any direction.

10. MARKS

10.1. The marks will be detailed in SI Addendum A.

11. OBSTRUCTIONS

11.1. The Navigational Exclusion Zone located offshore the Umm Sequim coastal area is designated as an obstruction.

12. THE START

12.1. Races will be started by using RRS 26 with the warning signal made 5 minutes before the starting signal and the preparatory signal one minute later.

12.2. The starting line shall be detailed in SI Addendum A.

12.3. A boat starting later than 4 minutes after her starting signal shall be scored Did Not Start (DNS) without a hearing. This changes RRS A5.1.

12.4. In the event that no start boat is available, boats may be required to self-start based on GPS time. In this instance full details will be posted as a notice to competitors.

13. CHANGE OF THE NEXT LEG OF THE COURSE

Does not apply.

14. THE FINISH

14.1. The finishing line is detailed in SI Addendum A with the curse information.

15. PENALTY SYSTEM

15.1. RRS 44.3 will apply. The penalty shall be 25% of the number of boats entered on the day of racing, calculated as stated in RRS 44.3(c).

15.2. The Race Committee may allocate a 2-hour time penalty if a boat is partially but not completely OCS at her starting signal and does not comply with RRS29.1.

16. [NP] TIME LIMITS

16.1. The time limits and target times are as follows:

Class	Time Limit (1) For the 1st boat to finish as RRS 35.	Time limit (2) Latest time to finish after first boat
All Classes	3hrs	5hrs

16.2. Boats that do not finish within time limit (2) will be scored DNF without a hearing. This changes RRS 35, A5.1, and A5.2.

17. HEARING REQUESTS

17.1. For each Class, the protest time limit is 60 minutes after the last boat has finished the last race of the day.

17.2. Hearing request forms are available from the race office at the sailing admin office.

17.3. A boat intending to protest or request redress based on an incident in the racing area that she is involved in or sees shall, at the first reasonable opportunity after she finished, inform the race committee at the finishing line of her intent to protest or request redress and, when applicable, the identity of the protestee.

17.4. Notices will be posted no later than 30 minutes after the protest time limit to inform competitors of hearings in which they are parties or named as witnesses. Hearings will be held in the protest room, located and beginning at the time mentioned in the notice.

18. SAFETY REGULATIONS

18.1. [DP] A boat that retires from a race shall notify the race committee at the first reasonable opportunity. Boats may email sailingadmin@doscuae.com

19. TRASH

19.1. Trash may be placed aboard official DOSC support vessels.

20. BERTHING

22.1 see online Notice Board

21. DIVING EQUIPMENT AND PLASTIC TOOLS

Does not apply.

22. PRIZES

22.1. Prizes will be awarded at the discretion of the organizing authority.

23. RISK STATEMENT

23.1. Rule 3 of the Racing Rules of Sailing states: "The responsibility for a boat's decision to participate in a race or to continue racing is hers alone." Sailing is by its nature unpredictable sport and therefore inherently involves an element of risk. By taking part in the event, each competitor agrees and acknowledge that:

a. They are aware if the inherent element of risk involved in the sport and accept responsibility for the exposure of themselves, their crew and their boat to such inherent risk whilst taking part in the event.

b. They are responsible for the safety of themselves, their crew, their boat and their other property whether afloat or ashore.

c. They accept any responsibility for any injury, damage or loss to the extent caused by their own actions or omissions.

d. Their boat is in good order, equipped to sail in the event and they are fit to participate.

e. The provision of the race management team, patrol boats and other officials and volunteers by the event organizer does not relieve them of their own responsibilities.

f. The provision of patrol boat cover is limited to such assistance particularly in extreme weather conditions, as can be practically provided in the circumstances.

g. It is their responsibility to familiarize themselves with any risk specific to this venue or this event drawn to their attention in any rules and information produced for the venue or event and to attend any safety briefing held for the event.

h. They are responsible for ensuring that their boat is equipped and seaworthy to be able to face extremes of weather; that there is a crew sufficient in number, experience and fitness to withstand such weather; and that the safety equipment is properly maintained, stowed and in date and is familiar to the crew.

24. INSURANCE

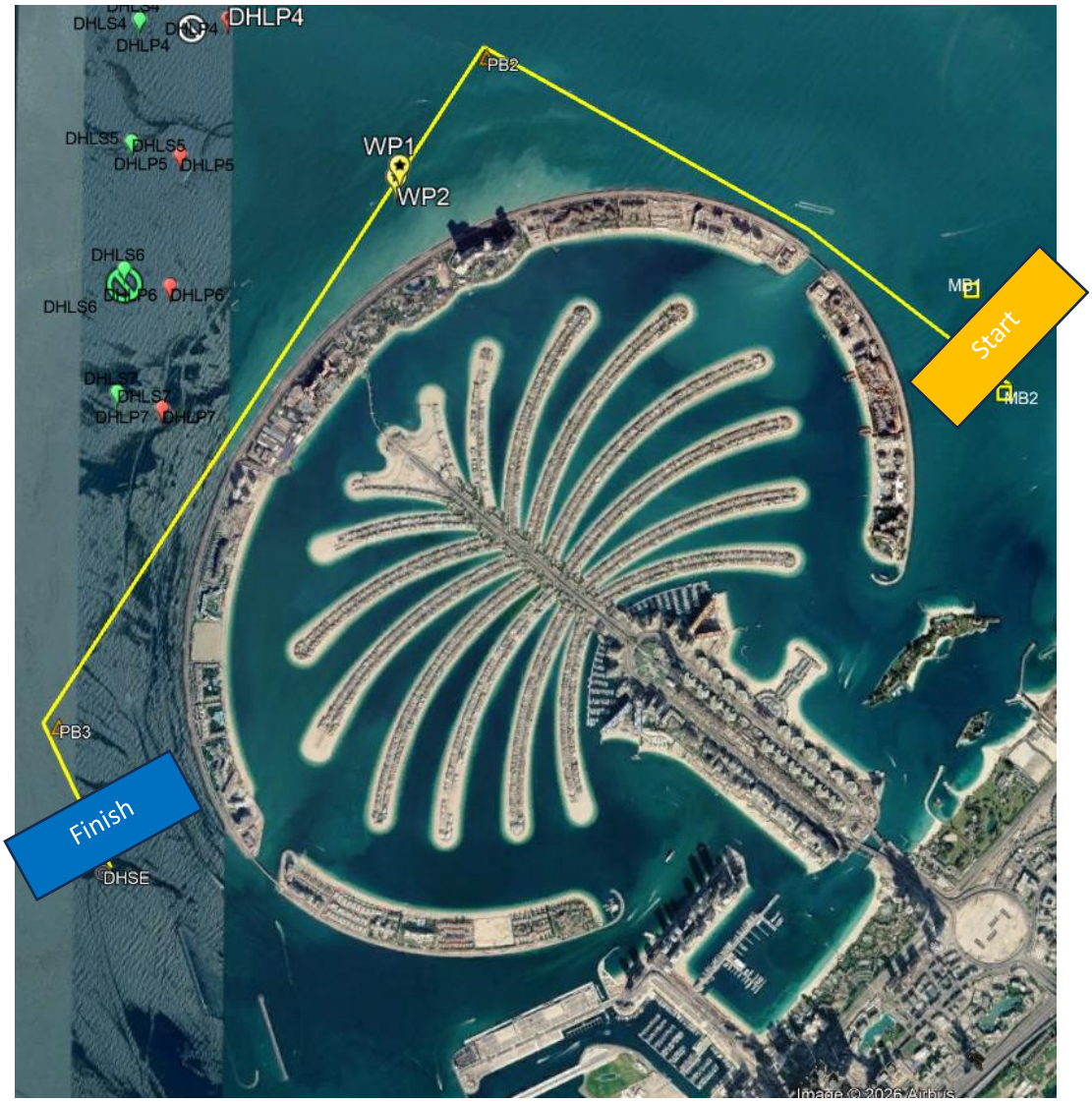
24.1. Refer to the Notice of Race for insurance requirements.

Addendum A – The Course

The course to be sailed is detailed below.

Mark rounding directions are given in brackets with (P) meaning Port Rounding and (S) meaning Starboard Rounding.

Start [Committee (S), MB2 (P)]
PB2 (P)
PB3 (P)
Finish [DHSE (S), Virtual line extending for 300m at a 50° bearing from DHSE]



<u>*Diagram is for illustration purposes only</u>

Mark Information

Abbreviation	Name	Mark Type	Lat	Long
MB2	Mooring Buoy 2	Fixed Mooring Buoy	25° 7.780'N	55° 9.649'E
PB2	Palm Buoy 2	Laid Inflatable	25° 8.959'N	55° 7.652'E
PB3	Palm Buoy 3	Laid Inflatable	25° 6.619'N	55° 6.033'E
DHSE	Dubai Harbour SE	Directional Sector Mark	25° 6.116'N	55° 6.208'E

*Laid inflatables may be any colour or shape.. The colour and shape of marks may be communicated via VHF Channel 8.

*If a mark happens to be missing, please sail around the coordinate given in the correct direction.

Finish

This race is scheduled to finish at a fixed finish line in the location previously published.

Competitors shall self-declare their finishing time.

- Competitors must take their own finish time using GPS time.
- Times must be submitted to sailingadmin@doscuae.com within 30 minutes of finishing.
- Please report your time in the HH:MM:SS format.

The finish line extends 300m (0.16 NM) from “FINISH” coordinates on a bearing of 50°, and boats shall finish within this distance.