

Freshly Foods - Keelboat & Multihull End of Season Regatta

2nd & 3rd May 2026

SAILING INSTRUCTIONS

Version 1 – Published – 01/05/2026

The Organizing Authority is Dubai Offshore Sailing Club

VERSION CONTROL			
VERSION	DATE PUBLISHED		REMARKS
1	01/05/26		Published

[NP] denotes a rule that shall not be grounds for protests by a boat. This changes RRS 60.1.

[SP] denotes a rule for which a standard penalty of 2 points may be applied to the boat's score in the race nearest to the infringement by the Race Committee or Technical Committee without a hearing.

1. RULES

- 1.1. The event will be governed by the rules as defined in the Racing Rules of Sailing 2025-28 (RRS).
- 1.2. RRS 32.1 is changed to add: (e) for any reason considered appropriate by the Race Committee.
- 1.3. [SP] Competitors must sign on 90 minutes ahead of the first warning signal and sign off within the protest time limit on the Club House sign in/off sheet. Sign off by email to sailingadmin@doscuae.com is permitted.
- 1.4. RRS 27.3 and 32 are changed to include: "If a government instruction, directive, or official communication, including an Emergency Public Safety Alert, is issued that affects the safety or legality of starting or continuing a race, the race shall be considered abandoned immediately, without the need for a signal or further notice from the Race Committee."

2. CHANGES TO SAILING INSTRUCTIONS

- 2.1. Any change to the Sailing Instructions will be posted no later than 80 minutes before the first scheduled race on the day it will take effect, except that any change to the schedule of races will be posted by 2000 on the day before it will take effect.
- 2.2. [NP] Changes to a sailing instruction may be made on the water by the Race Committee boat displaying flag L with one sound signal. The Race Committee will broadcast the change on the VHF channel specified at the briefing. The change will be posted on the Official Notice Board ashore before the end of the day's racing.

3. COMMUNICATIONS WITH COMPETITORS

- 3.1. Notices to competitors will be posted on the official notice board located on the event page of the Club Website.

3.2. The Race Committee will make communications with competitors on water on the VHF channel specified at the briefing.

3.3. The race office is located at the DOSC Sailing Admin Office, email-sailingadmin@doscuae.com

4. CODE OF CONDUCT

4.1. [DP] Competitors and support persons shall comply promptly with any reasonable request by a Race Official.

5. SIGNALS MADE ASHORE

5.1. Signals made ashore will be displayed at the Club Flagstaff.

5.2. When flag AP is displayed ashore, '1 minute' is replaced with 'not less than 45 minutes' in Race Signals AP.

6. SCHEDULE OF RACES

6.1. Races are scheduled as per the Notice of Race.

6.2. To alert boats that a race or sequence of races will begin soon, the orange starting line flag will be displayed with one sound at least five minutes before the first warning signal of the day is made.

6.3. Classes may be combined for any start, but no Class will start earlier than as published.

6.4. For the first starting sequence, the race officer will try to indicate the probable order at the briefing. For subsequent starting sequences the class order will be as signalled by the Race Committee.

6.5. No warning signal will be made after 1700.

7. CLASS FLAGS

7.1. Class flags will be:

CLASS	HANDICAP/RATING LIMITS	FLAG
IRC 1	IRC TCC 1.031 & above	Oscar
IRC 2	IRC TCC 1.030 to 0.945	Tango
IRC 3	IRC TCC 0.944 & below	Delta
J22 OD Class	One Design J22	
IRC Cruiser	IRC Class open to invited boats	Pennant 9
Club	NHC	Juliet
Multihull	DOSC Multi Adjusted Handicap (DAH)	Foxtrot

7.2. Boats racing under the DOSC Multi Adjusted Handicap (DAH) system will be allocated a Base Number by the Race Committee. A boat's handicap may be adjusted after every race. An adjustment in handicap number is not grounds for redress, this changes RRS 61.4 (b).

7.3. For boats racing under the DAH system, any changes to the boat, rigging, sails or equipment that could materially affect the performance of the boat during the series shall be notified in writing to the Race Committee before the start of the next race entered.

7.4. The Race Committee may at its sole discretion move boats between Classes.

7.5. The Race Committee may adjust the definition, the numbers, and/or the handicap limits of Classes. Such decisions will be posted as a notice to competitors.

8. RACING AREA

8.1. The location of the racing areas will be detailed in a notice to competitors no later than 60 minutes before the competitor's briefing for each race day.

9. COURSES

9.1. The courses will be detailed in a notice to competitors no later than 60 minutes before the competitor's briefing for each race day.

10. MARKS

10.1. The marks will be detailed in the briefing for each race day.

11. OBSTRUCTIONS

11.1. The Navigational Exclusion Zone located offshore the Umm Sequim coastal area is designated as an obstruction.

12. THE START

12.1. The starting line will be detailed at the competitor's briefing for each race day.

12.2. Boats whose warning signal has not been made shall avoid the starting area during the starting sequence for other races. A boat breaking this SI may be penalised by the race committee with a 20% scoring penalty as calculated in RRS 44.3 (c) without a hearing. This changes RRS A5.1 and A5.2.

12.3. A boat starting later than 4 minutes after her starting signal shall be scored Did Not Start (DNS) without a hearing. This changes RRS A5.1.

13. CHANGE OF THE NEXT LEG OF THE COURSE

13.1. To change the next leg of the course, the race committee will move the original mark or the finishing line to a new position.

13.2. The position of any mark(s) may be adjusted by up to plus or minus 10 degrees relative to previous location and up to approximately 200 metres to windward or leeward without signalling a change of course This changes RRS 33.

14. THE FINISH

14.1. The finishing line will be detailed in the briefing at the start of each day.

15. PENALTY SYSTEM

15.1. RRS 44.3 will apply. The penalty shall be 25% of the number of boats entered on the day of racing, calculated as stated in RRS 44.3(c).

16. [NP] TIME LIMITS

16.1. The time limits and target times for are as follows:

Race Format	Time Limit (1) For the 1 st boat to finish as RRS 35.	Time limit (2) Latest time to finish	Target Finish Time
Inshore	80mins	100mins	60mins
Coastal	4hrs	5hrs	3hrs

16.2. Boats that do not finish within time limit (2) will be scored DNF without a hearing. This changes RRS 35, A5.1, and A5.2.

17. HEARING REQUESTS

- 17.1. For each Class, the protest time limit is 90 minutes after the last boat has finished the last race of the day.
- 17.2. Hearing request forms are available from the race office at the sailing admin office.
- 17.3. A boat intending to protest shall inform the race committee at the finishing line as soon as reasonably possible.
- 17.4. Notices will be posted no later than 30 minutes after the protest time limit to inform competitors of hearings in which they are parties or named as witnesses. Hearings will be held in the protest room, located and beginning at the time mentioned in the notice.

18. SCORING

- 18.1. RRS A5.3 applies.
- 18.2. RRS A5.3 does not apply for boats that are disqualified.

19. SAFETY REGULATIONS

- 19.1. [DP] A boat that retires from a race shall notify the race committee at the first reasonable opportunity.

20. [DP] REPLACEMENT OF CREW OR EQUIPMENT

- 20.1. Substitution of damaged or lost equipment is not allowed unless authorized in writing by the Race Committee. Requests for substitution shall be made to the committee at the first reasonable opportunity, which may be after the race.

21. SUPPLIED BOATS

Does not apply.

22. OFFICAL VESSLES

Does not apply.

23. SUPPORT TEAMS

Does not apply.

24. TRASH

- 24.1. Trash may be placed aboard official DOSC support vessels.

25. BERTHING

Does not apply.

26. DIVING EQUIPMENT AND PLASTIC TOOLS

Does not apply.

27. PRIZES

- 27.1. Prizes will be awarded following racing for IRC Division 1, IRC Division 2, IRC Division 3, IRC Cruiser Division, NHC Club Class, Multihull and J22 OD Class.
- 27.2. Prizes will be awarded as below subject to the number of boats starting at least one race.

Number of Boats	Daily Prizes
2	1 st
3	1 st , 2 nd
4+	1 st , 2 nd , 3 rd

- 27.3. Additional prizes will be awarded at the discretion of the organising authority.

28. RISK STATEMENT

- 28.1. Refer to the Notice of Race for the Risk Statement.

29. INSURANCE

- 29.1. Refer to the Notice of Race for insurance requirements.